

The Ultimate Checklist for Going Back to School as an Adult

BEFORE YOU PICK A COURSE OR PROGRAM

- Determine your why
- Shortlist some programs
- Audit your time
- Review your support system
- Start the conversations
- Register for your courses

BEFORE YOUR COURSE OR PROGRAM STARTS

- Gather your supplies
- Set a realistic schedule
- Find a place to work
- Order your course materials
- Log in to your learning portal

ONCE YOUR COURSE OR PROGRAM STARTS

- Review your course outline(s)
- Note important dates on a calendar or in a planner
- Stick to your schedule
- ... but also go easy on yourself
- Ask for help when you need it
- Keep your eye on the prize
- Make time for self-care
- Remember: You're no imposter

AFTER YOUR COURSE OR PROGRAM FINISHES

- Celebrate your accomplishment
- Share on social media
- Update your resume or LinkedIn profile

