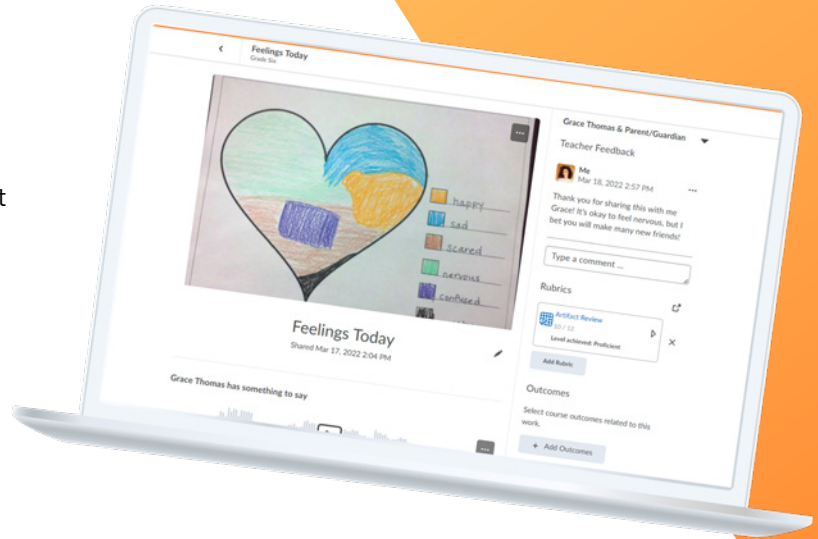


Fostering Social Emotional Learning with D2L Brightspace

Helping students develop social and emotional skills can positively impact both overall well-being and academic success—it's not an either/or scenario. While schools have a role in coaching these skills, teachers need support to do so.

With the right tools, you can create authentic social emotional learning (SEL) experiences for students that support teachers along the way.



Here are a few ways to foster SEL with D2L Brightspace.

PRACTICE SELF-MANAGEMENT AND SELF-AWARENESS

- Empower students to monitor their own learning and keep informed with User Progress.
- Help students learn to effectively manage their emotions with a daily Checklist or Survey of feelings with which they can begin to identify sources of stress.
- Encourage students to identify their own needs and gain insight by offering Self Assessments.
- Create task lists that allow students to assess the time and resources needed to overcome potential challenges.
- Foster a growth mindset and help students recognize their emotions, strengths and challenges with reflections in their Portfolio.

CULTIVATE RESPONSIBLE DECISION-MAKING, SOCIAL AWARENESS AND RELATIONSHIP SKILLS

- Encourage positive communication and relationship building inside and outside the classroom with the Activity Feed.
- Foster collaboration and social awareness with Groups.
- Help students identify feelings that are tied to social behaviors and learn about the emotional reactions of others in a moderated Virtual Classroom.
- Empower students to help set expectations for behavior and outcomes in one-on-one settings or as a class through Discussions.

[Learn more about fostering SEL with Brightspace >](#)